



Basic Workshop

feeltone

## *The secret of the Monochord*

*with introduction in Sound Massage*

*with English translation*

March 30<sup>th</sup> to April 2<sup>nd</sup> 2017

We are proud to announce that we are offering this intensive for the first time in english for our english speaking customers in May 2016. The one week intensive includes the basic course: The Secret of the Monochord and the advanced training "feeltone sound massage".

We recommend this training for everyone that would like to learn more about the versatility of the monochord, how to play a monochord and how to integrate it into Sound Mediations and Sound Massage for personal use or in there professional settings.



### **Basic Seminar: The Secret of the Monochord.**

The monochord is one of the oldest string instruments, Pythagoras used it too and it lead to his discovery of the harmonical laws of nature. In our fast paced life the monochord with its overtone rich spherical sounds can help us to find equilibrium and tranquility, support our meditations and invites us to dream. The Monochord is not only for musicians but a versatile friend for anyone, accompanying us while singing, chanting or story telling.

The monochords are widely used but many people still have questions on how to use them and how they effect others. Are they really simple to play? How can they be used in therapeutic, social or pedagogic settings? Which of the different kind of the monochord instruments is best for my needs? How can I play the instrument, rejuvenate, find inner balance and use the instrument to give a sound massage to another person? These and many more questions will be answered in this training.

The basic seminar is a hands on seminar and through demonstrations and practical exercises you will learn how to use the monochord for mediation, in different sound massage settings or to accompany your voice work.



In the workshop allow yourself to be carried by the sound and spheres of the monochord, receive and relax and learn more about the world of the monochord.

**Seminar topics:**

- History of the Monochord
- Organology
- How to tune and play the monochord
- hands on exercises and learning about different playing techniques
- Introduction into the sound massage and sound mediation
- Everyone is welcome to attend and no musical training or knowledge is necessary to learn to play the monochords. Enjoy the experience, explore new sound spheres and engage your curiosity and enjoy tranquility and equilibrium.
- Demonstrations of Sound massage on different feltone instruments
- The basics of working with sound.
- Application and working principals of the monochord

Date: March 30<sup>th</sup> 7pm to April 2<sup>nd</sup> 2pm 2017

Cost for the training: 480,00 €

Plus food: 60,- €, lunch & dinner, organic food, breakfast not included

Location: Practice Ma-Mer

Martina Glaeser-Boehme, Feldstrasse 3a - Yellow House in 17440 Lassan Pulow and at feltone, Am Sonnenacker 2, 17440 Lassan-Pulow

Reservation, Questions and Lodging:

Contact Tini Trebbow from feltone products  
under [service@boehmemusic.com](mailto:service@boehmemusic.com) or 0049-38374-55918-0

There are apartments, holiday flats or tipis for rent. Tini will take care of your wishes and preferences. Tipi breakfast, 8,- €



**Looking forward to hear from you, Martina Glaeser-Boehme,  
Ingo Boehme and the feltone team**